

AMERICAN PUBLIC HEALTH ASSOCIATION

and

THE NATIONAL ACADEMY OF MEDICINE

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RESPONDING TO COVID-19:
A SCIENCE-BASED APPROACH

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WEBINAR #5: COVID-19 TESTING:
POSSIBILITIES, CHALLENGES, AND ENSURING EQUITY

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WEDNESDAY
APRIL 22, 2020

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The webinar convened at 5 p.m.
Eastern Daylight Time, David Relman, MD,
Moderator, presiding.

PRESENT

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Immunology, Stanford University
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CONTENTS

Welcome and Introduction	3
Overview of the Diagnostic and Serological Tests Currently Available	
David Relman	6
Jill Taylor	13
Ashish Jha	27
Georges Benjamin	42
Question and Answer	59
Adjourn	85

P-R-O-C-E-E-D-I-N-G-S

5:00 p.m.

DR. BENJAMIN: Well, hello. I'm Dr. Georges Benjamin. I am the Executive Director at the American Public Health Association in Washington, D.C.

I want to welcome you all the 5th webinar in the COVID-19 conversation series brought to you by the National Academy of Medicine and the American Public Health Association.

I'd like to thank my co-sponsor, Dr. Victor Dzau, who is the president of the National Academy of Medicine who are supports in this important effort.

We are also graceful for the input of our Expert Advisory Committee co-chaired by Dr. Carlos Del Rio and Dr. Nicole Lurie. And you can find all of our advisors listed on our website at covid19conversation.org.

Now, the purpose of this series is to explore the state of the science on COVID-19, to

1 inform policy makers, public health
2 practitioners, healthcare professionals,
3 scientists, business leaders and the broader
4 public. More information on this series and
5 recordings of past webinars are available at
6 covid19conversations.org.

7 Now, today's webinar has been approved
8 for one and a half hours of continuing education
9 credits for CHEST, including medical education
10 and CPH. This is the public health credential.

11 Now, none of the speakers has any
12 relevant financial relationship to school. And
13 please note that if you want continuing education
14 credits, consider to register with your first and
15 last name. Now, everyone who wants credits must
16 have their own registration.

17 All the participants today will
18 receive an email within a few days from CPD and
19 confex.com. That's cpd@confex.com with
20 information on how to claim these credits.

21 I'd like say now that if you have any
22 questions or topics that you would like to

1 address today or on future webinars, please enter
2 them into the Q&A box or email us at APHA at
3 apha.org. That's APHA at apha.org.

4 If you experience technical
5 difficulties during the webinar, please enter
6 your questions in the Q&A box as well. Please
7 pay attention to the chat for announcements on
8 how to troubleshoot.

9 This webinar will be recorded and the
10 recording, transcript and slides will be
11 available also on covid19conversations.org.

12 Now, I'd like to introduce you to our
13 moderator for today's webinar. It's really my
14 honor to introduce Dr. David Relman.

15 Dr. Relman is a professor of medicine
16 in microbiology and immunology and is senior
17 fellow at the Freeman Spogli Institute for
18 International Studies at the Stanford University.
19 He is also Chief of Infectious Diseases at the
20 Veterans Affairs Palo Alto Health Care System in
21 Palo Alto, California.

22 He advised the U.S. Government on

1 emerging infectious diseases, human-microbe
2 interactions and future biological effects. And
3 is past president of the Infectious Disease
4 Society of America.

5 He is a member of the Emerging
6 Infectious Diseases Standing Committee and the
7 Intelligence Committee Studies Board of the
8 National Academies of Sciences, Engineering and
9 Medicine.

10 He is also a fellow of the American
11 Academy of microbiology and a member of the
12 National Academy of Medicine. David, it's open
13 to you to run through today's conversation.
14 Thank you.

15 DR. RELMAN: Thank you, Georges. It's
16 my honor and pleasure to join you for this
17 webinar and to serve in this capacity as
18 moderator.

19 The topic at hand today is both timely
20 and important. My hope is that we contribute to
21 national dialogue on COVID testing, help clarify
22 some of the critical questions and issues at hand

1 and promote advances in this area.

2 I am particularly interested in
3 hearing some of the questions and comments from
4 attendees. And we'll have a chance to do that
5 after the presentations.

6 Before we begin though, I'd like to
7 offer just some very brief framing comments.
8 First, let me just ask a very simple question.
9 What are the purposes behind testing?

10 Next please. The answer, in some
11 ways, is quite simple. It's situational
12 awareness. Situational awareness about the virus
13 in particular.

14 But there are actually two different
15 kinds of motivations for trying to build
16 awareness or for undertaking testing. The first
17 of these is shown here. That's the purpose of
18 diagnosis.

19 We ask questions related to diagnosis
20 of multiple sorts. But in particular, we're
21 interested in whether an individual has active
22 infection, whether the infection is early or late

1 in its course and whether a person is in a pre-
2 sympathetic phase. And in this particular
3 infection this is a critical question that we
4 would love to be able to answer with testing.

5 We also want to know who is
6 contagious, not just how is infected with the
7 virus. And who will be contagious if not now.

8 And then finally, in the realm of
9 diagnosis we're interested in predicting both the
10 severity of the illness, the complications that
11 might arise, the kinds of clinical needs and
12 resources that we may need to devote as well as
13 the possibility of acquired immunity after the
14 illness has transpired to some degree.

15 There is also a second motivation that
16 frames the question about why we test. And
17 that's shown here.

18 We're interested in the health of
19 populations, it's not just the health of
20 individuals. And this is a purpose that some
21 call surveillance.

22 Here we're interested in, again, who

1 is infected, who is immune, who is susceptible,
2 but now, at the level of a population.

3 We're also interested in where are
4 these individuals who are either infected, immune
5 or susceptible. And when are they present with
6 one of these types of status.

7 We also want to know, what's the
8 nature of the heterogeneity amongst people and
9 across time. Why are some people infected or
10 immune or susceptible at any given time.

11 There's also a question about
12 heterogeneity with respect to the virus. And
13 that too is critical to understand both across
14 space and across time.

15 And then finally, within the realm of
16 surveillance, we're interested in both designing
17 and assessing interventions. And for this, the
18 kinds of questions that I've posed here are
19 important to be asked but asked again repeatedly,
20 as interventions take place or are redesigned and
21 reassessed.

22 Finally, there is one last basic

1 question that we want to ask, and that's really
2 the question that our attendees and presenters
3 here will want to address. And that is, how is
4 it that we should undertake testing.

5 And there are at least two issues
6 here. One is that we can ask, what is it that we
7 wish to measure. What is it that we seek to
8 detect. And then the second is, how do we deploy
9 these tests at the sites where they're needed.

10 There are two kinds of measurements
11 that we're interested in. One is the virus and
12 one is the host. And within host response there
13 is the question of antibody formation but lots of
14 other responses as well that may have important
15 predictive as well as diagnostic features.

16 So, these are some of the issues that
17 I think we want to address here this afternoon.
18 And now I think we want to continue on with the
19 program.

20 So today, on this webinar, what we're
21 going to do is examine the state of testing for
22 COVID-19, the data that different tests provide,

1 how it is that we use these data to care for
2 individuals and for populations, as well as
3 examine the equity issues that we all must
4 consider. Including the morale and health
5 imperatives for equal access to testing.

6 So let me know first introduce our
7 three speakers. The first will be Dr. Jill
8 Taylor, who is the director of the Wadsworth
9 Center, which is the Public Health Reference
10 Laboratory for the State of New York.

11 In her current role, which she has
12 held since 2012, Dr. Taylor oversees the day-to-
13 day operations of the center and defines its
14 future directions. Both as a state public health
15 laboratory and as an institution for basic and
16 applied research.

17 Jill has worked extensively at the
18 federal level serving as a member of the National
19 Library of Medicine Board of Regents and also the
20 CDC Board of Scientific Counselors for the Office
21 of Infectious Diseases.

22 Dr. Taylor will offer an overview of

1 the diagnostic and serological tests currently
2 available and what each tell us.

3 Second, Dr. Ashish Jha is a physician,
4 health policy researcher and advocate for global
5 health care reform. Dr. Jha serves as the
6 director of the Harvard Global Health Institute,
7 a professor of international health and health
8 policy at the Harvard Chan School of Public
9 Health, professor of medicine at Harvard Medical
10 School and a practicing internal medicine
11 physician at the VA Boston Health Care System.

12 Dr. Jha's major research interests lie
13 in improving the quality and cost of health care
14 for the specific focus on the impact of policy
15 efforts.

16 And finally, Dr. Georges Benjamin is
17 known as one of the nation's most influential
18 physician leaders because he speaks passionately
19 and eloquently about the health issues having the
20 most impact on our nation today.

21 As executive director of the American
22 Public Health Association since 2002, he leads

1 the Association's push to make America the
2 healthiest nation in one generation.

3 Dr. Benjamin is a member of the
4 National Academy of Medicine and serves on the
5 Emerging Infectious Diseases Standing Committee.

6 In April of 2016, President Obama
7 appointed Dr. Benjamin to the National
8 Infrastructure Advisory Council. A council that
9 advises the President on how best to assure the
10 security of the nation's critical infrastructure.

11 So, thank you all for being here. And
12 let's turn first to Dr. Taylor to get us started.
13 Dr. Taylor.

14 DR. TAYLOR: So, good evening and
15 thank you so much for the invitation to speak at
16 this really timely webinar. I'd like to thank
17 both our host, the APHA and the National Academy
18 of Medicine, for the invitation to essentially
19 hope, what I'm hoping to do is give you testing
20 101. And I'm going to do it in relationship to
21 the testing that we've been doing in our own
22 laboratory at the Wadsworth Center.

1 So, could I have the first slide
2 please? The second slide please. So, I clearly
3 can't do this with, oh no, I'm sorry, can we go
4 back one?

5 I just need to assure you that I have
6 no relationship for either fiscal or otherwise,
7 with any of the companies or products that I'll
8 mention.

9 So next slide please. So, I think the
10 FDA has been in a very interesting position over
11 the last few weeks. And this website that I'm
12 showing you shows the molecular assays, the
13 diagnostic assays, that are approved by the FDA
14 under the EUA process.

15 Perhaps it's important to give you a
16 little bit of background about the EUA process.
17 Once a public health emergency is declared, the
18 FDA has a special mechanism that they use to
19 provide their review and approval process under
20 an expedited method. And that's called the EUA
21 process.

22 So that any tests that are available

1 need to go through the EUA process. And in our
2 hands we now mind, the FDA has been extremely
3 rapid and responsive in their review process.
4 Though clearly, as I'll talk about later, there
5 have been some issues that you've seen in the
6 press.

7 When I put these slides, gave these
8 slides to the APHA there were 37 PCR-based assays
9 that were available. Actually, there's 39 now so
10 things are moving very quickly.

11 The majority of these are assays that
12 should be used in a high-complexity lab. There
13 are real-time PCR assays that probe for
14 particular genes of SARS-CoV-2. Mostly they'll
15 use the N, the nucleocapsid protein gene. But I
16 have seen ones that are for the E protein as
17 well.

18 There are actually three waived
19 assays, which means that they can be used at the
20 point of care. But the majority of them are
21 laboratory assays that are used in a high-
22 complexity lab.

1 There are, as you know, I have heard
2 many, many supply chain issues for both the
3 agents for use in these tests as well as for the
4 supplies that you need before they get to the lab
5 including swabs and viral transport medium.

6 And there is a great deal of ingenuity
7 that I see in people finding ways to get around
8 these supply chain issues, including the use of
9 3D printed swabs, saline or VTM and other
10 approaches.

11 Could I have the next slide please?
12 In our own assay, in our own lab we're using
13 three EUA approved assays. We were able to
14 develop our own real-time PCR assay quickly. And
15 yes, it's EUA approved.

16 And this is a fairly typical, multi-
17 process extraction liquid handlers for setting up
18 the plate and then real-time PCR, multistage
19 assay. We're also using the Cepheid Xpert Xpress
20 assay which is run on the gene expert and the
21 NeuMoDx SARS-CoV-2 assay, which is a highly
22 automated assay sample to answer assay, which you

1 can continually load.

2 I think it's, we found its very
3 important to use, to have available to you
4 multiple assays. Because of the supply chain
5 issues you can't depend on one assay. And I
6 think that's been very problematic.

7 I have a colleague in public health,
8 Joanne Bartkus, who uses the cookie analogy. So
9 I want to make chocolate chip cookies and today I
10 have all of the ingredients but tomorrow I run
11 out of flour. So I found a substitute for flour,
12 I could use maybe less flour, but now I have no
13 eggs. And then tomorrow, hm, I found an egg
14 substitute but I don't have chocolate chip
15 cookies.

16 And this has been a problem, chocolate
17 chip chips. And so this has been a problem that
18 has affected all of us for many weeks now. And
19 so, having multiple platforms available is really
20 an absolute essential.

21 Could I have the next slide please?

22 Which specimen to use is also a question that you

1 have to think about. The nasopharyngeal swab is
2 taken as the gold standard but I think we need to
3 be aware that we don't know what the, what level
4 of sample we are actually missing with
5 nasopharyngeal.

6 I've seen nasal swabs and I've seen
7 mid-nasal turbinate samples taken. And then of
8 course, a throat or oropharyngeal swab. And
9 also, much discussion of saliva.

10 Given the paucity of swabs that are
11 available I think it's important to look at
12 saliva as a method. And we have done some work
13 in our own lab.

14 Could I have the next slide please?
15 We did a study in a high prevalence SARS-CoV-2
16 area and looked at 226 individuals and collected
17 an NP swab, a nasal swab and a saliva swab. And
18 the NP swab was clearly the best sample, but the
19 nasal swab and saliva were quite good also.

20 So, at the moment we are looking at
21 combining a nasal swab and saliva so that
22 compared to the nasopharyngeal we would be close

1 to the sensitivity. So again, it's important to
2 be flexible in terms of what specimen you
3 collect, but also to be aware of potential for
4 missing.

5 Next slide please. In terms of
6 serology assays, which is the discussion of the
7 moment. Again, this is the FDA website.

8 And when I, again, put these slides up
9 they were 70 serology assays available. Now
10 there are 125. So you can see, again, the field
11 is moving very, very quickly.

12 This has been an area where I think
13 there's been much confusion. The FDA has
14 actually put up a list on their website. These
15 125 serology assays. Many of which have come
16 from, being imported from China and Korea.

17 And what they're listed as is
18 available for distribution. Many people have
19 taken that to mean FDA, EUA approved and it is
20 not true. They are not FDA reviewed nor are they
21 approved, they are available for distribution.
22 They're available for use in a high-complexity

1 lab.

2 And I think that the FDA took that
3 approach because they knew that a high-complexity
4 lab director would actually validate the assay
5 before using it. But this is not happening.

6 And there are quite strong disclaimers
7 that need to be used with these assays. But
8 there are many questions about sensitivity and
9 specificity, especially cross-reactivity with the
10 commonly circulating coronavirus. So, serology
11 is an area that is very unclear at the moment.

12 Could I have the next slide please?
13 In our own laboratory we have used the New York
14 State clinical laboratory evaluation program to
15 help develop and approve our assays.

16 We have a microsphere immunoassay
17 using the Luminex technology, using venous blood.
18 And we have submitted this to the FDA for
19 approval.

20 We have a microsphere immunoassay
21 using blood spots as a sample source. And we're
22 actually using this in a health care worker

1 surveillance study at the moment.

2 And we have the old gold standard, the
3 plaque reduction neutralization assay. Which I
4 think is really the closet you can get to a
5 functional assay because the antibody actually
6 binds to the virus and prevents it from getting
7 into a cell. So that's about as close as you can
8 get in an in vitro assay II showing that you are
9 inhibiting viral replication.

10 I think it's incredibly important, and
11 I'll say this again a little later, interpreting
12 the results of these assays. Because somebody
13 has either IgM or IgG means that they have
14 developed an immune response, it does not say
15 that they are immune.

16 And I think they're messaging, and the
17 communication that -- that is used for these
18 assays is a very sensitive area and something
19 that I don't think we've got right yet.

20 Can I have the next slide please?
21 With any of these tests you have to think about
22 their positive and negative predictive value. So

1 I put the math up for this.

2 Positive predictive value is two
3 positives over two positives and false positives.
4 What that really means is, if you get a positive
5 result, what's the likelihood that it's correct.
6 And on the negative side, if you get a negative
7 result, what's the likelihood that it's correct.

8 And really, positive predictive value
9 and negative predictive value are dependent on
10 the prevalence of the disease as well as the
11 particular characteristics of the sensitivity and
12 specificity of the tests that it's being used.

13 Can I have, that is being used. Can I
14 have the next slide please? So, I think it's
15 very important when you are considering bringing
16 on a test to look at sensitivity.

17 Sensitivity is incredibly important
18 because of the impact of false positives if you
19 get false negatives. If you get a false
20 negative, so you say somebody is not infected
21 where they actually are infected and
22 transmitting, then you're not able to do, to

1 prevent them transmitting, that person
2 transmitting the virus to others in their
3 community.

4 Specificity is incredibly important.
5 As you know, there are four coronaviruses which
6 circulate causes of the common cold. And they
7 commonly circulate.

8 And many of the serology tests don't
9 eliminate cross-reactivity. And so, somebody can
10 think they have immunity when in fact they do
11 not.

12 Reproducibility and ruggedness are
13 very important.

14 Also remember that the timing of
15 specimen collection in the disease state, we have
16 had samples submitted from people who had, they
17 were in a car with someone for half an hour and
18 so they're terribly concerned and they want to
19 have a test straight away. And this doesn't give
20 time for the virus, if they were affected, for
21 the virus to replicate. And so, timing of
22 specimen collection is very important.

1 And when are rapid test systems
2 appropriate. This is an interesting thing,
3 question for me, because I have been a big
4 proponent of rapid test systems and think that
5 they are the future of diagnostics.

6 But I worry about them and the ones
7 that are coming out now. Both for their
8 sensitivity and the impact of false positives,
9 their specificity.

10 But also for the fact that they are
11 very problematic for the public health system in
12 terms of being able to track positives and
13 negatives and know what the prevalence is in the
14 community.

15 So I am personally uncomfortable with
16 the rapid test systems that are available because
17 I don't think that they give us the information
18 that we need right now. Though I think that
19 technologically we are getting to the point where
20 these are going to be very good.

21 Can I have the next slide please? So,
22 in terms of interpretation of serology assays, I

1 think that there are good seroprevalence studies.
2 And certainly they give evidence of prior
3 infection.

4 But more study is needed. I don't
5 think we can depend on them exclusively for
6 returning to work without PPE, without protective
7 equipment. And I don't think we can say yes,
8 that a person is immune just because they have
9 IgG.

10 I am much more comfortable using ELISA
11 or quantitative, other quantitative cogitated
12 serology assays because you can deal with the
13 issue of cross-reactivity and you can deal with
14 quantization to be able to answer these
15 questions. And so I think this is a area where
16 we need a great deal of discussion.

17 And I think we're next on the last
18 slide. One more. Yes.

19 So, there are a lot of seroprevalence
20 studies going on that you'll see in the
21 newspaper. You know that the NIH is studying, is
22 doing a seroprevalence study to look at

1 undetected cases of coronavirus infection because
2 it seems that there are a large number of
3 individuals who do not get disease and yet are
4 able to transmit the virus.

5 There is a study in LA County, which
6 is in the press at the moment. We're doing a
7 small study in New York State at the moment
8 testing out whether or blood spot method will
9 work.

10 And these are going to tell us what
11 the level of antibody is in the population.
12 Ultimately we need to understand the level of
13 herd immunity that's going to be necessary to
14 provide protection.

15 And they'll help us plan to figure out
16 how we start reopening the country and returning
17 to work. So there are a number of these
18 seroprevalence studies being used. Started at
19 the moment.

20 And I think that these are going to
21 help us understand what the next steps are. And
22 I think at that point I can go back to Dr.

1 Relman.

2 DR. RELMAN: Thank you, Jill, I
3 appreciate your comments. I would now like to
4 turn this over to Ashish.

5 DR. JHA: Okay, thank you so much
6 everybody. And special thanks to both the APHA
7 and the National Academies for co-hosting this
8 entire series, which I think has been remarkable
9 in its quality and its instructiveness. So, I'm
10 obviously very pleased to be here.

11 So what I'm going to do is something
12 different. I'm not, I don't have slides, and I'm
13 going to speak to you all about sort of the
14 policy and kind of front-line experience around
15 the issue of testing.

16 And as all of you surely know, testing
17 has very much been in the news. And it really
18 comes from the fact that for the first sort of
19 six to eight weeks of this pandemic once the U.S.
20 became aware of it. And we really did not build
21 out much of a testing infrastructure.

22 And Dr. Taylor actually did a very

1 nice job of explaining some of the challenges.
2 But it really does begin with the CDC initially
3 foregoing the World Health Organization's testing
4 protocol and working to develop its own.

5 Which they have been criticized for.
6 I think it was not necessary unreasonable. The
7 CDC has a long history of developing its own
8 tests and generally doing a pretty good job.

9 But then there were a series of
10 failures, both on the part of the CDC and the
11 FDA, that really hobbled any ability of our
12 country to build up a strong testing
13 infrastructure.

14 And so, we wasted most of, the second
15 half of January and all of February essentially
16 blind to the spread of the coronavirus across
17 many communities in the U.S. Certainly in
18 northwest U.S.

19 Very good evidence that the disease
20 was spreading in the community in the New York
21 and other places. And now some emerging evidence
22 that it may be even as early to mid-January there

1 was some circulation of the disease in northern
2 California, in Santa Clara County.

3 So, moving forward, I think late-
4 February into early March we start getting a lot
5 of pressure to ramp up testing. And the testing
6 really does begin to get moving.

7 And what I'm going to do is talk a
8 little bit about where we are in testing today.
9 What the estimates are of the kinds of testing we
10 need.

11 Think about how we might get there,
12 and actually walk through a little bit of, how,
13 what are the ways people are making calculations
14 about our need and try to kind of finish up with
15 where I think the policy world is and where it's
16 going over the next four to six weeks. To the
17 extent that one can even forecast that far ahead
18 in the middle of this rapidly moving pandemic.

19 So, through the month of March we've
20 ramped up to a, sort of a height of about 150,000
21 tests a day. Which is where we have plateaued
22 for about four weeks.

1 We have occasional days of ups and
2 down, but on average, if you look over the last
3 three and a half, four weeks, we've been
4 averaging about 150,000 tests a day.

5 Our test positivity rate has hovered
6 around 20, 22 percent. Which by most standards
7 is way too high.

8 And to give you a feel for
9 comparisons, South Korea, which has been widely
10 touted as the country that did the best job of
11 using testing, tracing, isolation, as its
12 strategy, had a test percent positivity rate of
13 around three percent. Between two and a half and
14 three percent. Suggesting that they cast a much
15 wider net and caught many more individuals.

16 Germany's positive rate has been
17 around six to seven percent. There are many
18 countries that have achieved rates under ten
19 percent.

20 And that's the WHO recommendation.
21 They have recommended that if your test
22 positivity is over ten percent you're probably

1 not testing enough.

2 And I think there is plenty of other
3 evidence that the U.S. is not testing enough when
4 we look at its testing numbers from about 150,000
5 tests a day.

6 So, there are a whole series of things
7 that hold us back from increasing testing
8 numbers. And you heard some of them from Dr.
9 Taylor. But they really range. And the way I
10 think about this is they range from, there are
11 literally places that don't have enough swabs.

12 Actually, to use your chocolate chip
13 cookie example, I love that, I've not heard that
14 before. So, right, so there are some places that
15 are missing flour, other places are missing eggs,
16 some place are missing chocolate chips. And some
17 places just don't have ovens.

18 And so, that is the problem. And most
19 states have some of those ingredients but not
20 others, right? So it's swabs, it's transport
21 medium, it's test reagents, it's PPEs for
22 providers who would actually implement the tests.

1 Many places don't have infrastructure.
2 So they don't want people going to the emergency
3 department and they want to have people go maybe
4 to a drive through or some other place. But they
5 haven't built enough of those to really
6 accommodate the needs.

7 And then over the last week to ten
8 days a new kind of factor has emerged, which is
9 very interesting and it suggests a different kind
10 of problem. Which is, there are states where
11 there is actually plenty of capacity but not
12 enough testing.

13 And when you dig into that, and you
14 think, well, what's going on there, what's
15 happening is that states have put in highly
16 restrictive policies about who is eligible for
17 testing five, six weeks ago when tests were
18 scarce. And so for instance, you were only
19 allowed to do testing of hospitalized patients
20 who are very ill.

21 And as testing has expanded in those
22 states, those guidelines have either not been

1 updated or they have not been effectively
2 communicated to front-line clinicians. And so
3 there are many states where there was actually
4 enough testing capacity and excess capacity but
5 people are not sending samples in.

6 And so, a whole host of reasons why
7 testing has not ramped up any further. I want to
8 talk a little bit about how much testing do we
9 think we need. So, there is no single number.
10 And of course, when you begin the question with,
11 how much do we need, it starts getting at some of
12 the issues that Dr. Relman got us going with,
13 which is, what's the purpose of all of this, what
14 are you trying to accomplish with testing.

15 And, fundamentally, if the goal is
16 very narrowly that I would like to be able to
17 identify all or most of people who are actively
18 affected with this coronavirus, then currently
19 today we estimate, and others have estimated that
20 we need likely millions of tests a day. Which is
21 unrealistic, even though we're stuck at 150,000.

22 The assumptions of people moving

1 forward, and we've done a modeling exercise where
2 we've tried to model out how many tests we need
3 but others have as well, is if we keep social
4 distancing in place and look at the models that
5 predict how many new cases there will be over the
6 next two, three, four weeks, where we will end up
7 as the curve has not just flattened but comes
8 down, one can imagine that in about three to four
9 weeks we'll be at a point where we might be
10 having about 50 to 60,000 new cases a day.

11 Just to be very clear, right now we're
12 identifying 30,000 new cases but no one believes
13 that that's the actual number. Most estimates
14 are that we have between 150,000 and 300,000 new
15 cases a day happening in the United States. And
16 there is a bunch of ways one can get there in
17 terms of why those estimates.

18 So, if we decrease our new case
19 incidents by about 60 percent, we may be down to
20 about 50 or 60,000 new cases a day in a few
21 weeks. The reason for that timeline is, of
22 course, all of you know, the governors are

1 anxious to open up their states and start some
2 amount of economic activity again.

3 And so, the exercise we have done is
4 try to model, if you get to a point where, let's
5 say nationally we're at 50 to 60,000 new cases a
6 day, about how many tests would you need in a day
7 to have a shot at identifying a vast majority of
8 those cases.

9 And again, there's a lot of fuzzy
10 language in my description because, again, if you
11 want to be truly certainly we'd need
12 astronomically high numbers. And when we have
13 done walked through that exercise, our estimates
14 are that we need about \$500,000 tests a day.

15 Other people, like Paul Romer,
16 Danielle Allen and others, have argued that
17 actually, we likely need more like ten to 20
18 million tests a day. And the way I have seen
19 this is, our approach is something one could
20 achieve by essentially linearly scaling up what
21 we are doing right now.

22 If you want to get to ten to 20

1 million tests a day, obviously you need a totally
2 different strategy. And I'm not aware that we
3 could do it through using RT-PCR.

4 And we'd probably need a different
5 technology with other antigen testing or other
6 things, again, that others have more experience
7 and a more expert on. But there are a variety of
8 strategies of how you could get to tens of
9 millions today.

10 The philosophical difference between
11 these two approaches is that the approach that we
12 have laid out really has a very substantial role
13 for contact tracing and isolation. The idea
14 behind it is you start with mildly symptomatic,
15 or more severely symptomatic. But any
16 symptomatic people.

17 You identify all of them that are
18 positive and then you do vigorous contact
19 tracing. And through that, and then you test
20 everybody who contact, who that person has been
21 in contact with.

22 And using that approach you should be

1 able to get the virus reasonably well contained
2 so that you could go about and have some amount
3 of economic activity.

4 In that model we probably need at
5 least 500,000, though I suspect probably more
6 than 500,000, tests a day. But that's really the
7 minimum floor.

8 That number, and all of the push
9 towards testing I think has met initially, I
10 think with resistance from the White House. But
11 ultimately when I have spoken to people on the
12 White House COVID Taskforce, there is really no
13 disagreement. Everybody agrees that we need a
14 lot more testing.

15 And despite, I think the comments of
16 the president and vice president, there is broad
17 agreement within the administration, but we
18 substantially need to scale the testing. About
19 150,000 tests a day are not nearly enough to
20 bring caseloads down now. And it's certainly is
21 not going to be enough once we begin to open up
22 our economy at all.

1 A couple of last comments and then I
2 will stop and turn it over to Dr. Benjamin. The
3 issue around serologic testing, which I think Dr.
4 Taylor did a great job of explaining, are
5 fundamental, and there is so much confusion, in
6 the marketplace. In civil society, among
7 business leaders.

8 They've really seen these two things
9 as substitutes for each other. Testing for the
10 virus versus testing for immunity.

11 Of course, we all understand that they
12 are not and that they mean very different things.
13 And the idea that what we're looking for is
14 immunologic testing as a way to open up the
15 economy, in my mind is a lot of fuzzy thinking.

16 Because, even if we assume that all of
17 the central issues, again, we heard from Dr.
18 Taylor around specificity, false positives,
19 underlying prevalence, even if you had a
20 completely specific, 100 percent specificity,
21 which again there isn't, but imagine a very, very
22 specific test.

1 Even in places like Santa Clara, Los
2 Angeles, other places, chances are that the
3 underlying prevalence is sort of two, three, four
4 percent at most.

5 So it is hard to imagine how we open
6 up our economy with two, three, four percent of
7 people who are potentially immune. Now of
8 course, having antibodies is not equivalent to
9 actually being immune. Again, it's not
10 particularly related.

11 So, the enthusiasm for immunologic
12 testing, as the kind of panacea, and as the
13 alternative to testing for acute illness by
14 actually testing for the virus or an antigen, I
15 think is very, very difficult and very troubling.

16 And a lot of the time I have spent
17 over the last few weeks has been trying to
18 explain to people that they are both important,
19 they both give us critical information but they
20 are different from each other. And that we
21 continue to need to focus on RT-PCR or whatever
22 mechanism we use to identify acute illness.

1 And long-term antibodies, IgG, et
2 cetera, is really giving us some other piece of
3 information that is not going to be particularly
4 helpful for the issue of being able to control
5 the viral infection in a short time.

6 I will finish by just saying, this is,
7 I think, the number one issue on the minds of
8 most governors and members of congress. I think
9 there has been incredible bipartisan support for
10 congressional leadership that you are seeing in
11 the senate bill. \$25 billion put in for testing.

12 The idea behind a national testing
13 strategy is not that there will be a single new
14 government agency that will run all the tests
15 across the country. I don't think that's either
16 necessary or nor a good idea.

17 But you do need some sort of a
18 coordinating force so that if one state has
19 plenty of chocolate chips but not enough flour
20 and another state lacks chocolate chips but has
21 plenty of flour, you know, plenty of eggs or
22 whatever, then we can do exchanges. That we can

1 really use the federal government, the power of
2 the federal government, to make sure we're making
3 more swabs, that we're making more transport
4 media, that we're making more PPEs that are
5 important on this.

6 It is hard for me to see that of 50
7 states all competing for testing against each
8 other is going to be the solution to get us to
9 where we need to be.

10 So, we are, just to finish up, we are
11 nearing that time where I think you're going to
12 see states starting to open up and go through
13 those phases of opening slowly and then more.

14 It is very hard for me to see how,
15 given what we know about this virus, how the
16 viral spread isn't going to sort of take off
17 again in a way. That's really going to
18 jeopardize our ability to take care of all the
19 people who are likely to get sick, unless we have
20 a very robust testing, tracing isolation
21 strategy.

22 I didn't get all into the whole issue

1 of tracing and contact tracing, which is a
2 different one, which we can get into in the Q&A.
3 But I think what's really important about this
4 seminar has been sort of teaching all of us and
5 reminding us that testing really is at the
6 central, is sort of at the center of the entire
7 strategy for how we're going to keep the virus at
8 bay as we open up our economy.

9 So let me stop with that, David, and
10 turn it back to you.

11 DR. RELMAN: Thank you, Ashish, that's
12 really helpful. I'd now like to turn it over to
13 Georges. Dr. Benjamin. You're still muted, I'm
14 sorry.

15 DR. BENJAMIN: Thank you. And you can
16 hear me now. Thank you, everyone. So I want to
17 just talk a little bit today about this whole
18 issue of making sure that everyone has access to
19 testing. So if you go to the next slide.

20 So, you know, I've always talked about
21 there being four reasons for health inequities
22 overall. And for testing I think they're also

1 relevant.

2 So the idea is, of course, having
3 access to the test itself. As you know, simply
4 having an insurance card doesn't give you access
5 to good health care. There's all kinds of
6 barriers to actually getting access to health.
7 The same thing is true with testing.

8 Obviously differences in the quality
9 of the test used. Certainly, you heard from Dr.
10 Taylor the challenges with the quality of tests
11 and knowing what are the right tests to use, and
12 making sure that the plethora of tests that are
13 out there that someone is encouraging providers,
14 and health departments, and others to use are of
15 a high quality and appropriately validated to
16 make sure you're getting what you think you're
17 getting.

18 A whole range of behavioral difference
19 in how one's view healthcare. The same thing
20 with testing, how we view testing.

21 And then of course, the big bucket,
22 the social determinants that impact testing

1 overall. Let's go to the next slide.

2 So let's talk a little bit about the
3 access issue. So again, having the availability
4 of tests. Assuming there is an abundance of
5 tests in the community, where the test facility
6 is makes a big difference. We hear lots of
7 stories of people who find it difficult to get to
8 wherever the test facility is.

9 Because it's -- obviously you're
10 looking for someplace where you can get lots of
11 people in, where there's throughput, where you
12 can do physical distancing. But quite often,
13 these are not located anywhere near the minority
14 communities.

15 Drive-through versus walk-up.
16 Everybody's excited about the drive-through
17 testing. But, if you're not in a car, whether or
18 not there's a capacity for you to get that test
19 by simply walking up to someplace else at the
20 testing site.

21 And of course, long lines.

22 Particularly in inclement weather, it is a big

1 issue. So location and the mode of testing
2 facility, does play a role as a barrier to making
3 sure everybody has equal access to testing.

4 Messaging, you know, I'm always
5 fascinated that we always told folks that if you
6 think you're ill and you need to, you think you
7 need a test, call your provider. Well, as you
8 know, far too many people in our country, over 30
9 million, don't have health insurance coverage.
10 Many of them may not have a provider.

11 So in some cases that provider becomes
12 a gateway barrier to them actually getting
13 tested, even if they're symptomatic. Of course,
14 the other thing is making sure that that provider
15 understands the symptoms and signs. And although
16 the provider community is getting a lot better at
17 this, that still remains a challenge for some of
18 our patients.

19 The costs of testing. Now, granted
20 the federal government is covering that cost now,
21 but I was just looking, I saw the new saliva test
22 is 118, 19 dollars, I think. And then you get,

1 if you want to utilize it, you will be able to
2 then get reimbursed from your insurance company.

3 So obviously we have to work through
4 that one. But obviously if you don't have
5 insurance, you probably won't get the saliva test
6 once it becomes more abundant.

7 And then the cost of care. The fact
8 that obviously you can get screened is one thing.
9 But if you don't have coverage for the care, that
10 can make a big difference.

11 And let's say you go in, we found this
12 with the Affordable Care Act and other insurance
13 plans, that many people would go in for some
14 other reason. While they're there, their
15 clinician finds that they have a condition that
16 needs to be screened for. And the screening
17 itself might be covered, but the actual cost of
18 that visit is not covered under this.

19 Now, obviously the new stimulus bill
20 that was passed does cover some things, but not
21 all the things that we need to make sure people
22 have access to care. Next slide.

1 So as we talk about the quality of the
2 tests used, I mentioned earlier trying to make
3 sure that the test was of high quality, you
4 noticed that Dr. Taylor talked about the
5 difference between being reviewed and approved.
6 And many of the tests out there are certainly not
7 approved. Some of them have been reviewed. And
8 some of them, depending on where you get the test
9 from, may not be either.

10 We know that a significant number of
11 tests that have been used have had issues around
12 being high false positive or high false negative
13 rates. In many cases they're not confirmatory.

14 So one really needs to understand the
15 test that you're using. And we need to make sure
16 that all clinicians that are using these tests
17 understand what the rules are, and the parameters
18 of the tests that they're using. And of course,
19 you absolutely have to be sure you're using a
20 reliable test. Next slide.

21 And then the behavioral aspects. So
22 communicating to the public, of course, can be

1 very difficult. The complexity of these tests.
2 There is sensitivity and specificity. When to
3 take the test? Who's eligible for the test?

4 All of these things conserve, when the
5 messages aren't clear, as to barriers to the
6 public. Particularly around a public that
7 doesn't necessarily get its information from the
8 emails or from TV. They may not have a provider,
9 again, that they're linked to that can send them
10 the information.

11 We haven't used a lot of radio for
12 example, to try to approach some of these
13 individuals, particularly in vulnerable
14 populations that may not get the information
15 through the broad media that we have out there.

16 There certainly always is fear of
17 discovery. We've seen this through the years
18 with people for cancer for example. A patient
19 who comes in with a lump in their breast or
20 rectal bleeding, because, you know, they just
21 really did not want to know that they had cancer.

22 Well, the same thing with COVID-19.

1 There are patients out there who probably ought
2 to be screened, but just really don't want to
3 know, because they're afraid of the result. And
4 we have to work hard to try to convince them that
5 that's not something they should be worried
6 about. It's better to know right now,
7 particularly if they're symptomatic.

8 Fear of stigma. You know, the fear
9 that their family won't talk with them. That
10 they can't go to work. That's a big one. I now
11 am a little bit symptomatic. I'm not quite sure
12 that I have COVID. But I really don't want to
13 know because if I know, then I can't go to work.

14 Those are some of the barriers that
15 people have. Particularly for those folks that
16 are public facing, and unlike many of us, cannot
17 work from home.

18 And ultimately the lack of trust in
19 the system. People who just fundamentally don't
20 trust the system. They don't trust doctors.
21 They don't trust the system. They don't trust
22 the system results. And they've not built a

1 relationship with a healthcare system that they
2 trust for a variety of reasons. Next slide.

3 And then of course those broad areas
4 of the social determinants. The fact that we
5 really haven't had adequate amounts of tests.
6 The fact that we have been really symptom and
7 exposure based in most cases for the testing, but
8 not job or risk based for the testing.

9 So now that will change as we get more
10 tests out there. But just understand that we
11 have created a barrier for many of the people who
12 are out in the community, out working, who then
13 get symptoms. Theoretically they should be
14 captured under a symptom strategy. But for many
15 reasons, they're not. And again, some of that is
16 because they don't want to lose work days.

17 Testing times not being aligned with
18 their front line job off hours. So if you don't
19 work, you don't get paid. You don't get paid,
20 you don't eat. So the likelihood of you going to
21 get your test at a time when you're -- you have
22 to be at work, can be a challenge for many

1 workers.

2 Not having paid sick leave is a part
3 of that problem. Now again, not having a usual
4 source of healthcare. Not really understanding
5 where you go. And obviously the emergency room
6 is not an option. We're not sending patients to
7 the emergency room for tests. We are sending
8 patients to the emergency room for symptoms, but
9 only when they're really sick.

10 And as you know, far too often,
11 patients wait until they're really sick, even to
12 go to the emergency department. And of course
13 the emergency departments right now are very
14 crowded.

15 And of course high costs. Reminding
16 you that if you go in with a sore throat, you may
17 have COVID. But under -- even under EMTALA they
18 have to do an evaluation that may not necessarily
19 include a screening exam. And then, of course,
20 you'll get hit with the high cost of that
21 emergency department visit because it would be
22 generally viewed as a non-urgent visit.

1 And then obviously we always have to
2 think about bias in testing, racial and ethnic
3 biases. I put possible, because we know it
4 exists in other parts of healthcare.

5 We've heard lots of anecdotal stories
6 of this. But we just have to, you know, someone
7 really needs to do the science and make sure we
8 understand that. And we have to call it out when
9 we see it because it certainly does occur. As
10 you know, a lot of it may be unconscious bias.
11 But it's something that we just can't ignore as
12 part of the social determinants of health. Next
13 slide.

14 So let's talk about risk. Next slide.
15 So I wanted to just talk a little bit about the
16 Los Angeles Antibody Study, because I think it
17 tells you some stuff. This study just was
18 released yesterday. It was a drive-through
19 antibody study done April 10 and 11 at six sites.

20 They had a universe of a little over
21 800 participants, using a proprietary database
22 that was allegedly representative of the county's

1 population. They used a rapid antibody test that
2 they felt was 95 percent, 90 to 95 percent
3 accurate. And, of course, it was then verified
4 again by a Stanford University lab.

5 And you see there -- I had the lead
6 investigator. And again, most of this stuff I'm
7 using, it's in the public domain. I don't have
8 any secret information from them.

9 But this is an important study that
10 was done because I think -- it just came out.
11 And it gives us a sense of where people are
12 going, particularly with these serology studies.
13 Next slide.

14 So, interestingly enough, there was a
15 range, as you see, about 2.8 percent to 5.6
16 percent, but on average, 4 percent of the
17 county's adult population was antibody positive.
18 And that means that if you extrapolate that to
19 the whole county, that's somewhere between 200
20 and some and 442,000 adults at least are antibody
21 positive, which would imply they've had the
22 infection.

1 But I just remind you that, as Dr.
2 Taylor said, that does not imply immunity. But
3 that does imply at some point they were exposed
4 to the virus, and they certainly mounted an
5 immune response.

6 And then this estimate is much higher
7 than the almost 8,000 confirmed cases that had
8 reported in the county in early April. And their
9 deaths are over 600. So this would imply, also
10 if you just do the math, and they probably have
11 more cases out there than they could have
12 predicted before. Next slide.

13 So if you think about the demographics
14 in Los Angeles, this study found that about 6
15 percent of the men were positive. Two percent
16 were women. So more men were likely to test
17 positive. Those findings are a little unclear.
18 They have not felt they could explain those yet.

19 But 7 percent of the African Americans
20 were positive, 6 percent of the whites and 2.5
21 percent of the Latinos in their study. Next
22 slide.

1 And I think it's important to
2 understand that the percent of individuals who
3 are African American in Los Angeles County are
4 pretty much representative of the nation, it's
5 around 11, 12 percent or so. So compared to
6 whites, that's really disproportionate to the
7 number of whites in the county or in the nation
8 as well, which is around 60 percent.

9 And I think it's important that we
10 understand these are, one, early results. And
11 these are my interpretations and not necessarily
12 theirs. But these are early results. And like
13 any study, it needs to be repeated by folks using
14 the same serology tests in a community very much
15 like the one they tested. So we're looking at a
16 big city, you know, Chicago, New York, someplace
17 like that.

18 But it does confirm about the
19 penetration of the virus into the community.
20 Clearly well below herd immunity. Whether you're
21 a 50 percent herd immunity person or a 70 percent
22 herd immunity person, it's certainly well below

1 what we would consider herd immunity.

2 And that 4 percent is relatively
3 consistent with the WHO estimates of 3 to 4
4 percent globally that they've articulated for the
5 seroprevalence of people in other studies that
6 they've looked at.

7 It also says that males, particularly
8 black men, seem to have a risk of infection that
9 is disproportionate. Again, early study. We
10 need to know why. We do know that there's a
11 disproportionate number of African Americans who
12 get sicker, and a higher mortality rate,
13 particularly if you have chronic diseases.

14 But what this all tells us, again, we
15 need much more data. Much more studies to find
16 out. And I know that they're doing other kinds
17 of seroprevalence studies. So hopefully this
18 will become more clear to us.

19 But I wanted to say this because I
20 think this gives us an example of what we're
21 going to see in the next several weeks as more
22 people do these kinds of studies. And for all

1 practical purposes, this begins to give us a
2 sense, begins is the key word, of what the
3 denominator is.

4 And whether or not the mortality rate
5 that we're looking at, that we've all feared, is
6 different or not. Again, as you know, there are
7 many species of coronavirus, and that's one of
8 the challenges that we have, making sure that
9 clearly the serology picks up exactly the virus
10 that causes COVID-19. Next slide.

11 So I don't like to put out a problem
12 without talking about some kind of solutions. So
13 quickly next slide.

14 So, obviously, we need to plan our
15 testing access with the underserved in mind. So,
16 thinking about location, thinking about the cost
17 issues. Again, recognizing that the tests may be
18 free, but there may be associated costs that we
19 have to figure out how we mitigate if we want to
20 get access to testing for everyone.

21 Ensuring that the test is actually one
22 that's -- I prefer an approved test. But

1 obviously, as Dr. Taylor pointed out, many of the
2 high quality test sites, particularly academic
3 sites, many of the public health sites may be
4 reviewed. They do a lot of validation of their
5 tests. And as long as the lab understands the
6 reliability and parameters of the tests they're
7 using, that's important.

8 And addressing testing education and
9 communications in a culturally competent manner
10 so that people actually understand what the tests
11 are. Explaining to people what false positives
12 are. Explaining what false negatives are. So
13 that they understand, yeah doc, I'm getting the
14 test today, but what does this really mean to me?

15 As Dr. Taylor pointed out, getting the
16 test right after you've been exposed -- may be
17 exposed to someone at work or a car isn't going
18 to give you the result that you want.

19 You have to wait for some period of
20 time either to become symptomatic. And then you
21 know that's usually somewhere around three to
22 five days, if you have a meaningful exposure to

1 that individual.

2 And of course using trusted messengers
3 is very important so that all communities
4 understand what's going on. And meeting the
5 social determinants head on to make testing
6 easier. Particularly dealing with unconscious
7 bias or conscious bias because I think that's
8 important for us to not ignore and continue to
9 address as we go forward.

10 I think that's my last slide. But
11 next slide. Yep. I want to thank you very, very
12 much.

13 Okay. All right. I'm going to turn
14 it back over to David.

15 DR. RELMAN: Thank you, Georges. It
16 was a very helpful presentation as well.

17 We're now going to begin the audience
18 question and answer portion of this program. We
19 have just 25 minutes for what looks to be about
20 150,000 questions, which I think speaks to the
21 importance and relevance of this topic needless
22 to say. We've made some effort here to try to

1 bin commonly asked questions into -- into sort of
2 general framework so that we can address as many
3 of these questions as possible.

4 So let me just start now with a couple
5 of questions for Jill Taylor. And these are
6 questions that really have to do with how we can
7 understand better the current performance
8 characteristics of both viral detection and
9 serologic tests and understand where is it we
10 need to be with these performance
11 characteristics.

12 What are the sensitivities and
13 specificities that we might need, given a likely
14 pretest probability, let's say, of a population
15 with 2 or 3 percent seropositivity and whatever
16 degrees of viral circulation you think there is?
17 What are the test performance characteristics
18 that we're looking for that someone who's taking
19 a test might want to hear before being willing to
20 trust the result that they get?

21 DR. TAYLOR: So, as a scientist, I can
22 read the performance characteristics and

1 understand that, you know, I want to be able to
2 detect ten genome copies for instance. But
3 that's not readily translatable to a non-science
4 audience. You want to know that it's high 90s
5 sensitive, 90 percent -- 95, above 95 percent
6 sensitive and well above 95 percent specific.

7 I think the -- with serology tests,
8 which most people understand more, the issue is
9 one of cross-reactivity. And I often think that
10 being able to use a quantitative test, rather
11 than a qualitative test, gives you more comfort
12 in understanding the results.

13 But ultimately there is no perfect
14 test. And that's why I agree with Dr. Benjamin,
15 either approved or go to a high quality lab. And
16 then you depend on the expertise of the lab
17 director to validate and verify the quality of
18 the test.

19 DR. RELMAN: Thanks. Let me also just
20 ask a question about this cross-reactivity issue.
21 A number of people are interested in what we know
22 and don't know about the likelihood that a

1 positive could in fact be detection of antibody
2 against a seasonal coronavirus.

3 How many of these vendors have
4 actually not only done the proper controls with
5 those sera but tell us about them in a credible
6 way?

7 DR. TAYLOR: Very few to be perfectly
8 frank. And that is a real issue, especially with
9 the fact that we've all had colds, every one of
10 us. And you never go to the doctor with a cold.
11 You rarely get bled. So there are very few
12 controlled sera available that you know is from
13 somebody who actually just had a 229E. And
14 that's one of the coronavirus infections.

15 So there are no control sera
16 available. Very rare. And so very few of the
17 manufacturers have done, especially of the rapid
18 tests, have done the sort of specificity testing
19 that is required to say, yes, I am positive to
20 SARS-CoV-2, but not to 229E.

21 That's why I like the quantitative
22 ELISA tests. Because you can set the -- you can

1 set the baseline well above detection of antibody
2 to those viruses so that you know you've got
3 positivity to the SARS-CoV-2. Unfortunately,
4 they have to be done in a lab, those sort of
5 tests. You can't do it in a rapid test.

6 But it's something that the public has
7 to be really aware of because there definitely is
8 cross-reactivity.

9 DR. RELMAN: Thank you. You and the
10 other two speakers all pointed out the important
11 distinction between presence of antibody and
12 presence of protective immunity. A number of
13 people have asked what will be the path to an
14 understanding of what antibody means?

15 How will we be able to move quickly to
16 either a test or an understanding of current
17 tests, such that we can make some prediction
18 about protection?

19 Yeah, for you, Jill.

20 DR. TAYLOR: So I think that there are
21 studies that are being done in primates looking
22 at the potential for reinfection. But primates

1 are not humans. And unfortunately, we are going
2 to have to wait to look at the potential and
3 frequency of reinfection, knowing the immune
4 status of the person who was reinfected before we
5 have that information. And that's unfortunate.
6 But that's the reality.

7 DR. RELMAN: Thank you.

8 DR. BENJAMIN: And obviously you're
9 going to have a population of people who have
10 been infected, who we know have been infected,
11 and doing -- in many ways this is a natural
12 history study, and watching them over time.

13 Particularly if those people are going
14 back into high exposure environments. And
15 unfortunately it sounds like our health care
16 workers.

17 DR. TAYLOR: Yes.

18 DR. BENJAMIN: We have to protect
19 them. But that is going to help us what's going
20 on.

21 DR. RELMAN: Right. And maybe just to
22 underscore, natural history experiments

1 essentially of that sort, which are going to be
2 so important, necessitate periodic repeated
3 testing of the same individuals, which is how we
4 get to these very large numbers of tests needed.

5 I think a lot of people, you know,
6 look at the population of their county or the
7 state or the nation and ask well, once we get to
8 that number, aren't we done. And I think what
9 you're just pointing out is exactly the kind of
10 experiment that's critical that in fact requires
11 sequential, frequent testing, retesting of the
12 same people.

13 DR. TAYLOR: Yes.

14 DR. RELMAN: There are a number of
15 questions, and not surprisingly, about how do we
16 get to the place that we need to be in terms of
17 numbers of tests, as well as the key people that
18 we need to be testing. And so this is really a
19 question about deployment. And I think probably
20 all three of you might have some very useful
21 things to say.

22 Perhaps starting with Ashish, you've

1 mentioned some numbers that we might need to try
2 to attain. And the question is how do we get
3 there. And in particular, what do you think is
4 the most effective blend of national role and
5 responsibility versus state, versus local?

6 How do you properly empower and
7 resource each of those authorities to work
8 together towards, you know, the ideal solution?

9 DR. JHA: So thank you. And that's a
10 really fabulous question. And I want to make
11 kind of two points about testing numbers.

12 There are right now, I think broadly
13 in the kind of ether, two numbers, two sets of
14 numbers in terms of what we want to target.
15 There's a 500,000 a day number that we have been
16 arguing for, which is really a linear scaling.
17 And then I alluded to Paul Romer, Danielle Allen,
18 others who have been arguing for 20, 30 million.

19 There's a new Rockefeller Foundation
20 report that I think says 10 million a day. You
21 don't get to 10, 20, 30 million by linearly
22 scaling. So you just need a total leap of

1 technology. And I think I mentioned that
2 earlier.

3 And that's going to require a bunch of
4 investments on the part of the, I think, the
5 federal government to create incentives for new
6 technologies. And then obviously deploying a
7 totally different testing framework.

8 So I'm going to leave that aside for a
9 second, and talk about in the next four, six,
10 eight weeks if we're going to be able to do --
11 get up to 500,000, how might we do that? And
12 then that mix of federal and state.

13 So I actually think it is achievable
14 to get to 500,000 a day. It does require a very
15 substantive role for the federal government. And
16 the federal role -- the role of the federal
17 government has to be certainly to provide
18 financial support to states. I think a lot of
19 states are starting to financially get into
20 struggles with obtaining all the equipment.

21 The coordination is really about
22 making sure we have enough supplies. Deploying

1 the DPA to the extent that, the Defense
2 Procurement -- Production Act, to the extent that
3 that is needed. And then really coordinating
4 supplies across the country. I think those are
5 very, very appropriate roles for the federal
6 government.

7 So the way I have seen this ideally
8 play out is that states, one of the things that
9 states have to do, some of the most successful
10 states have -- all have testing czars. Again, I
11 don't love the idea of putting a czar on
12 everything. But, and you can call it something
13 else, a testing coordinator.

14 But if you look at states like Utah
15 and New Mexico, which have actually done a very
16 good job on this, they have a testing czar, whose
17 day job, every day they wake up, go to bed,
18 thinking about how do you get testing up and
19 running.

20 So I think states should really take
21 ownership. Do that. And then the federal
22 government should be getting involved with

1 technical support, with financial support, and
2 with logistics and supply chains, and all the
3 things that states cannot do.

4 That's, in my mind, the kind of ideal
5 public -- I'm sorry, the ideal federal/state
6 partnership, especially under the current
7 circumstances where I think a large role for the
8 federal government is unrealistic. But that kind
9 of partnership could be something that could work
10 out.

11 DR. RELMAN: Thank you. Georges,
12 could I ask you the same question, but with the
13 focus on the large populations for whom contact
14 with the testing infrastructure is simply not,
15 you know, a current common occurrence?

16 Do you see a path towards, again,
17 deployment and dissemination out to the critical
18 people that need to be tested? These are both
19 the medically vulnerable, but the economically
20 vulnerable as well.

21 DR. BENJAMIN: Yeah, absolutely. And
22 so we're going to have to take what we learned

1 during the HIV/AIDS epidemic, and put it on
2 steroids. And that means we're going to have to
3 use a range of community health workers, outreach
4 workers. We're going to have to build on the
5 disease intervention specialists that each state
6 or local health department have.

7 And we're going to have to build call
8 centers so that we can manage the input, so that
9 we can leverage the knowledge we have around
10 testing with who do we have to go out and test.
11 And that's particularly important around the
12 contact tracing. I know there is a coalition of
13 many of the public health groups that are working
14 with CDC now to try to put that together.

15 But it's going to take a real
16 herculean effort to make that happen. You saw
17 that Massachusetts has talked a great deal about
18 doing this, as an example.

19 But it creates -- the systems exist
20 for us to do that. We understand how to do it.
21 We're going to have to do a lot of virtual
22 training, for example.

1 And I also think that spending some
2 time over the next few weeks, in fact days to
3 weeks, getting the communications right and
4 figuring out how do we communicate and who do we
5 communicate?

6 As I mentioned, it's nice to have the
7 Ad Council's ads on TV that talk about physical
8 distancing. But I think we're also going to have
9 to have radio. We're going to have to get the
10 media involved. We're going to have to get some
11 of our sports heroes involved in order to reach
12 the population, so that people understand where
13 they go, what the value is with that testing.

14 And then we're going to need to wrap
15 all of this around with an effort to get rid of a
16 lot of the misinformation and disinformation
17 because I can see it right now. People saying
18 that if you get tested, you're going to get some
19 disease that you don't like. We see that with
20 vaccines. When people want to, you know,
21 undermine the vaccine effort.

22 And in Washington, D.C., we spend a

1 fair amount of time talking to beauticians and
2 barbers and faith leaders, and getting them to be
3 part of the trusted messengers that I talked
4 about.

5 DR. RELMAN: Thank you. I want to ask
6 all three of you a similar question which is how
7 do we think out of the box right now.

8 All of you have alluded to challenges
9 that are in some ways challenges that we as a
10 nation or as local, you know, communities have
11 not yet been able to accomplish. And yet we
12 clearly see that we have some challenges that
13 have to be addressed now.

14 So in each of these three ways, I'd
15 like the three of you to think about how do we --
16 what to you seems to be the most promising out of
17 the box set of opportunities.

18 So maybe starting with Jill, if you
19 could just talk about some of the technologies
20 that you think are most promising that would
21 allow for, you know, rapidity, flexibility,
22 forward deployment, ease of interpretation, et

1 cetera. Are there any that you'd like to
2 highlight, just as generic technologies?

3 DR. TAYLOR: So I'm not going to
4 answer your question. I'm sorry. I'm going to
5 do -- I'm going to talk about a gap that I think
6 I see, and that is electronic communication.

7 You know, as I mentioned, I'm a big
8 fan of the point of care tests because ultimately
9 I think getting them into the home, getting them
10 into the pharmacy, is absolutely the way to go.

11 And, you know, with the CRISPR-Cas
12 type approaches, you know, high sensitivity,
13 we're pretty much there on the technical side of
14 things, I think. But the issue is that, you
15 know, if you do a test at home, the public health
16 system has lost that data.

17 And so, to me, it's the connectivity
18 of the system. And every urgent care center,
19 every physician office lab, every LabCorp, Quest,
20 every big hospital, it all has to be
21 communicated.

22 And so I -- but, you know, the

1 Microsofts of the world, the Amazons of the world
2 can connect everything if you're buying
3 something. So why can't we connect everything if
4 you're having a test?

5 So, you know, one of the good things
6 that might come out of this horrible time might
7 be that we're accelerating the development of
8 interesting solutions. And that would be a good
9 thing.

10 So I'm not really answering your
11 question. But I'm hoping that somebody comes up
12 with a wonderful solution for that because that's
13 what we need.

14 DR. RELMAN: Well, I think actually
15 you did answer it very well and, in fact, maybe
16 one-upped the question.

17 Ashish, let me just ask you. From the
18 point of view of data collection and data
19 sharing, do you see some interesting
20 opportunities that you would like to see
21 promoted? Some of the people sending in
22 questions have asked about crowd sourcing as kind

1 of a generic concept.

2 DR. JHA: Yeah. So let me say a
3 couple of things, and then I'm going to talk
4 about one of the things that worries me as well
5 about this idea on data sharing and data
6 fragmentation.

7 So I think Jill is right. Dr. Taylor
8 is right that -- in that -- that this virus and
9 the way it is playing out may in fact do enough
10 kind of jumbling up of our healthcare system and
11 all the sort of traditional boundaries we've had
12 around data sharing that it may sort of push
13 those enough.

14 So, for instance, I think over the
15 summer as we gear up for the fall and get ready
16 for what will almost surely be more waves of the
17 virus, assuming that we get through the summer
18 reasonably okay, I think there's going to be a
19 lot of pressure to create a lot more connectivity
20 across health systems to be pulling out data, to
21 be sharing data. And now the business model for
22 that is very, very different than what it was

1 five years ago or two years ago.

2 So I see that as the upside here.
3 That it may make the sort of traditional data
4 blocking, we're not going to share with these
5 guys because they're our competitors, those feel
6 really anachronistic in the context of a
7 pandemic. And so I hope that maybe some of this
8 pushes us and our healthcare system to be much
9 more integrated from an information point of
10 view.

11 The part that worries me, the
12 fragmentation, is, and this really gets at the
13 heart of a lot of what Georges was saying as
14 well, is that what you're seeing now is entire
15 industry come up that will go to companies. And
16 I actually have had a bunch of them approach me.
17 And I'm not part of any of them.

18 Basically going to businesses and
19 saying we'll sell you the ability to bring all
20 your workers back because we will test them on a
21 regular basis. We will provide the PCR test.
22 We'll provide the immunology -- immunologic

1 tests. We will make sure that all your workers
2 are safe.

3 That is a very interesting business
4 model. Those companies are going to get access
5 to tests that maybe states will not have access
6 to. And they will deploy them not based on risk
7 or who's clinically most likely to suffer if they
8 get the disease, but who is the most
9 economically, who can kind of pay for it.

10 And so when we saw NBA players getting
11 access to the tests, where really sick people in
12 hospitals couldn't, now we're going to see
13 healthcare executives and lots of people who are
14 in higher SES status, socioeconomic status, being
15 able to access tests and get tested regularly.

16 And I worry that COVID test negative
17 or immunologically positive becomes essentially a
18 status symbol and becomes a way to be able to
19 work in a way that really is going to be harmful.

20 And also, all those tests happening
21 within companies will create a fragmentation
22 because public health will never access to all

1 that data. So there's a set of policy challenges
2 that we need to start thinking about now because
3 the marketplace is moving extremely fast in this
4 area.

5 DR. BENJAMIN: And, you know, that
6 brings us to the issue of these immunity
7 certificate idea, right? You know, getting a
8 card, right? Just like your credit card, it has
9 its privileges. Having a little card that says
10 boy, I am, you know, seropositive.

11 In the past that would not have been
12 something anyone would have wanted to say to one
13 another. But now it sounds like that's okay.
14 I'm seropositive. And I've got a green card,
15 blue card, purple card, which proves that I have
16 that.

17 And the problem with that is, of
18 course, is that it becomes extraordinarily
19 discriminatory. And then, you know, you can make
20 a lot of money on the black market selling that
21 fancy card to folks. And so you basically build
22 a black market. And so immunity in terms of the

1 validation becomes not very helpful.

2 And then we run the same risk as we
3 saw with people being concerned about HIV. Now
4 not wanting you to know whether or not you are --
5 you're not seropositive, for example. Because
6 that could mean that you don't work. You know,
7 right now we're leaning on that now by telling
8 people we're going to take your temperature,
9 right?

10 And that has some clinical value. But
11 it's -- I worry about that. And I do worry about
12 it being misused.

13 Now, having said that, I think we're
14 absolutely on a new curve of technology. We can
15 do -- we can get an EKG, I mean, we can get money
16 out of an ATM machine anywhere on the planet 24
17 hours a day, seven days a week.

18 And yet we can't exchange some of the
19 basic information around seropositivity across
20 all our healthcare system. And so we're going to
21 have to -- we've got to protect people's privacy.
22 That's for sure.

1 But we've to find a new way to make
2 these boxes talk to one another. The technology
3 is there. Amazon does it. Your local grocery
4 store does it. They know exactly what's coming
5 off the shelf.

6 And now that the federal government is
7 beginning to put a little money into HIT for
8 public health, we need to once and for all build
9 a robust surveillance system that's national in
10 nature that gives us real-time information.

11 And I've got to tell you, when I was
12 the health officer in Washington, D.C. many years
13 ago, and I was looking at infant mortality two
14 years in the rear. And the fact that even the
15 opioid epidemic now, we were still looking at
16 data many, many months in the year -- in the
17 rear. Sometimes a year in the rear. We can fix
18 this. The technology exists.

19 DR. RELMAN: Great, great. Those are
20 really helpful insightful comments. I think
21 we're close to the end of our time.

22 There are so many more questions here.

1 I'm hoping that there is an opportunity to have
2 them addressed, to engage all three of you
3 further in this conversation because there's so
4 much more that could be said.

5 Let me just offer a few, just a few
6 concluding remarks. First of all, I think it's
7 really important when we think about testing and
8 the current conversation about testing that we
9 step back for a moment at first and ask what is
10 the question. What is the question that we seek
11 an answer to, for which we think testing is the
12 right approach?

13 Because until you've defined the
14 question, you don't really know how it is that
15 you should be deploying a technology or framing a
16 study or interpreting the data.

17 Second, I think we've heard from the
18 three of you, and from actually the attendees as
19 well, that there are still some important
20 tactical or technical needs that are important
21 and probably should be high priority right now.
22 One is that we don't yet have one test, one

1 testing kit that clearly outperforms others. And
2 so for now there may well be value in deploying
3 multiple platforms that seek to do the same
4 thing.

5 In this case, you could say that
6 redundancy can be useful. I think there are --
7 there is value in targeting a virus as well as
8 host response. And, again, by host response we
9 mean serology. But not just serology and
10 antibody, perhaps other host makers that tell us
11 who is incubating virus and not yet sick, who is
12 sick and destined to need a ventilator, who is
13 resolving their infection and is likely to become
14 immune.

15 That kind of capability would be
16 really impactful, and I think is possible
17 technically, through a whole variety of
18 interesting science and technologies that we
19 haven't really had a chance to discuss all that
20 much this afternoon.

21 Third, from a tactical point of view,
22 all of this has to be scalable and to, you know,

1 varying degrees depending on who you listen to
2 right now, perhaps massively scaled in some
3 cases. And so we're going to have to think, I
4 think, in ways that are nontraditional,
5 technically nontraditional in terms of
6 infrastructure and organization to be able to
7 make that happen.

8 And really deployment is the critical
9 need right now. Because probably a number of
10 good enough tests right now that we'd love to see
11 much more further deployed and then penetrated
12 into various, you know, aspects of our societies,
13 and we're just not. We weren't prepared to do
14 that, and we still haven't quite figured out how
15 to do that as well.

16 And then finally, there are the issues
17 of governance on testing that we touched on this
18 afternoon. We could talk about, further about
19 what the right kinds of partnerships might be
20 between federal and local, between private and
21 public, and between all the other kinds of
22 sectors that have very useful things too

1 contribute.

2 But right now I think we certainly
3 need a more effective organizational scheme for
4 taking advantage of these different kinds of
5 skills and expertise and capabilities, so that we
6 can leverage and synergize rather than simply add
7 or, at worst, compete.

8 And then finally I think we certainly
9 don't want to forget the questions of
10 equitability, of data sharing, of these more meta
11 features that are so important to taking
12 advantage of whatever information and knowledge
13 we have gained from testing so that we can make
14 good public health decisions.

15 So let me just say that concludes
16 today's webinar. The next webinar will take
17 place next Wednesday, that's April 29, at 5:00
18 p.m. Eastern Time. It will focus on COVID-19 and
19 health equity, exploring disparities, and long
20 term health impacts.

21 Everybody who registered for today's
22 webinar will receive an invitation to the next

1 webinar.

2 And just to remind you, this webinar
3 has been recorded. The recording and a
4 transcript and the slide presentations will all
5 be available on the covid19conversations.org web
6 page. So look for those items there.

7 I, again, from the bottom of my heart,
8 and from the APHA and National Academies of
9 Medicine, want to thank the three panelists for
10 really wonderful presentations and comments.

11 I want to thank the two sponsoring
12 organizations for their efforts to make these
13 webinar series possible, and this one.

14 And, finally, I want to thank all of
15 the listeners who joined us today. Please stay
16 safe and healthy, and take care.

17 (Whereupon, the above-entitled matter
18 went off the record at 6:30 p.m.)

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