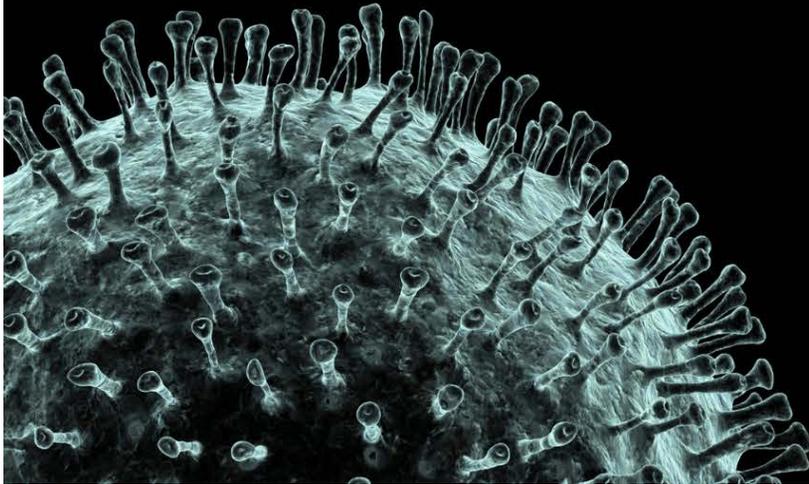


# COVID-19 Conversations



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[COVID19Conversations.org](https://COVID19Conversations.org)

[#COVID19Conversations](https://twitter.com/COVID19Conversations)



# Research and Care During a Public Health Emergency: Using Unapproved Indications or Products

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# Background: Usual Rules for Therapeutics

- Unapproved drug gets permission to begin clinical trials under an IND
  - Trials conducted with control arm (placebo or standard intervention)
  - Phase 1 very small population; safety data
  - Phase 2 somewhat larger population; safety and efficacy
  - Phase 3 larger population; safety and efficacy
- FDA gives approval for product in conjunction with its intended use (population, dosage, contraindications...)
- No marketing for unapproved uses but physicians may prescribe “off label” for unapproved uses

# Special Rules for Therapeutics During an Emergency

- **Emergency Use Authorization:** unapproved uses or unapproved medical products may be used in an emergency, and offers liability protection to those who use them
- **Procedure:**
  - DHS, DoD, or HHS Determination related to a CBRN threat or DHS makes Material Threat Determination (MTD).
  - HHS EUA Declaration. HHS Secretary declares that circumstances exist to justify an EUA
  - After HHS declaration, FDA can issue an EUA

# EUA: Hydroxychloroquine sulfate & chloroquine phosphate

- March 28: FDA issues EUA to allow hydroxychloroquine sulfate and chloroquine phosphate products to be used for certain hospitalized patients with COVID-19.
- EUA fact sheets must be made available to health care providers and patients, including the known risks and drug interactions.
- Drugs will be distributed from the Strategic National Stockpile for adolescent and adult patients hospitalized with COVID-19, as appropriate, *when a clinical trial is not available or feasible.*

# Conducting Clinical Trials During this Pandemic: Ethical Challenges

- Ethical Challenges
- risk/benefit ratio for the sickest (but most complex) vs for mildest (but less informative?)
- consent from sickest complicated by cognitive incompetence; surrogate decisionmakers not on the spot (but is this same as unreachable?)
  - Use of emergency consent procedures
  - Patient in life-threatening circumstances
  - Implied consent
  - Community notification

# Conducting Clinical Trials During this Pandemic: Additional Challenges

- IRB approval process
- Site for trial
- Perception when placebo is the control arm but there are not good therapies
- Perception of clinical trial as chance to get newest/best vs being made into a guinea pig
- FDA expanded access program (undermining clinical trial?)
- Maintaining clinical equipoise: when to halt trial (and effect of supply)
- Managing public expectations/controlling fraudulent offers

Browser window showing the Johns Hopkins Bloomberg School of Public Health website. The address bar displays [jhsp.h.edu](http://jhsp.h.edu). The page title is "Johns Hopkins Gets FDA OK to Test Blood Therapies for COVID-19 Patients". The main content area features the headline "Johns Hopkins Gets FDA OK to Test Blood Therapies for COVID-19 Patients" dated April 3, 2020. The article text states: "The U.S. Food and Drug Administration approved a clinical trial Friday that will allow Johns Hopkins University researchers to test a therapy for COVID-19 that uses plasma from recovering patients." It further details that Arturo Casadevall, a Johns Hopkins infectious disease expert, proposed the use of convalescent plasma against COVID-19 and assembled a team of physicians and scientists from around the United States who are establishing a network of hospitals and blood banks that can collect, isolate, and process blood plasma from COVID-19 survivors. Researchers hope to use the technique to treat critically ill COVID-19 patients and boost the immune systems of health care providers and first responders. A quote from Casadevall is also present: "The ability to carry out a prophylaxis trial will tell us whether plasma is effective in protecting our health care workers and first responders from COVID-19," said Casadevall, who is a Bloomberg Distinguished Professor and holds joint appointments in the Johns Hopkins Bloomberg School of Public Health and the Johns Hopkins School of Medicine.

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# Recommendations for Investigational COVID-19 Convalescent Plasma



**April 8, 2020**

FDA has issued [guidance](#) to provide recommendations to health care providers and investigators on the administration and study of investigational convalescent plasma collected from individuals who have recovered from COVID-19 (COVID-19 convalescent plasma) during the public health emergency.

The guidance provides recommendations on the following:

- [pathways for use of investigational COVID-19 convalescent plasma](#)
- [patient eligibility](#)
- [collection of COVID-19 convalescent plasma, including donor eligibility and donor qualifications](#)
- [labeling, and](#)
- [record keeping](#)

Because COVID-19 convalescent plasma has not yet been approved for use by FDA, it is regulated as an investigational product. A health care provider must participate in one of the pathways described below. FDA does not collect COVID-19 convalescent plasma or provide COVID-19 convalescent plasma. Health care providers or acute care facilities would instead obtain COVID-19 convalescent plasma from an FDA-registered blood establishment.

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**Content current as of:**  
04/08/2020

**Health Topic(s)**  
Infectious Disease  
Coronavirus

## ***Time Permitting: Additional Considerations for Testing Prophylaxis***

- Subject population healthy; risk tolerance lower
- Need to maintain all standard precautions in control group
- Need to select population from high-risk region or lifestyle group
- Need to decide if first responders must be given priority
- Need to decide if first responders can be required to consent as condition of current employment